



BREAKFAST

MENU

SEPTEMBER

Our Mission: "With Patience and love we feed the leaders of the future."

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
2 Breakfast Platter (NF,WG) (Egg, Sausage Patty, & Biscuit)	3 Banana Split Parfait (Banana, Strawberry, Pineapple, Blueberries, & Granola) (WG)	4 Pumpkin Bar (NF, DF, SC,WG) String Cheese (NF, GF)	5 Chicken & Waffle (NF, DF,WG) Syrup
9 Breakfast Platter (NF,WG) (Egg, Tater Tots, & Muffin)	10 Apple Nachos Parfait (Apples, Strawberries, Cranberries, Granola, & Sunflower Seeds) (WG)	11 Cinnamon & Sugar Donut (NF,WG) Strawberry Yogurt	12 Breakfast Waffle Sandwich (NF,WG) (Egg & Cheese)
16 Breakfast Platter (NF,WG) (Egg, Sausage Patty, & Biscuit)	17 Lucky Rainbow Parfait (Strawberries, Peaches, Apples, Blueberries, & Lucky Charms)	18 Pancakes (NF,WG) Sausage Patty (NF, GF)	19 French Toast (NF,WG) Syrup
23 Breakfast Platter (NF,WG) (Egg, Sausage Patty, & Biscuit)	24 Banana Split Parfait (Banana, Strawberry, Pineapple, Blueberries, & Granola) (WG)	25 Pumpkin Bar (NF, DF, SC,WG) String Cheese (NF, GF)	26 Chicken & Waffle (NF, DF,WG) Syrup
30 Chicken & Waffle (NF, DF,WG) Syrup	1 Banana Split Parfait (Banana, Strawberry, Pineapple, Blueberries, & Granola) (WG)	2 Pumpkin Bar (NF, DF, SC,WG) String Cheese (NF, GF)	3 Chicken & Waffle (NF, DF,WG) Syrup

Daily Offerings

White Milk
Chocolate Milk (Lunch
Only)
100% Fruit Juice
Full Service Salad Bar

Breakfast Choice

Cereal Variety

Lunch Choice

Daily- PB&J Sandwich
(Strawberry or Grape)
Daily-Turkey Deli Sandwich
Daily-Garden Salad w/ Turkey &
Cheese (Middle Schools Only)

Student Second Meal

Breakfast \$1.00
Lunch \$2.60

Adult Meal

Breakfast \$2.50
Lunch \$4.00

To view our monthly menus:
school.mealviewer.com

Menu items are subject to change.

To make payments:
www.schoolbucks.com

Questions or comments, please call
Nutrition Services Office at
520-876-3411

This Institution is an equal
opportunity provider

DF= Dairy Free
SC= Scratch Cooked
NF= Nut Free
GF= Gluten Free
WG= Whole Grain

IN HARVEST
Blueberries

Recipe Highlight
Pumpkin Bar (SC)





LUNCH

MENU

SEPTEMBER

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Labor Day 2 Hot Dog (NF, GF, DF, WG) Seasoned Fries (NF, DF)	3 Cheese Ravioli (NF, WG) Garlic Breadstick (NF) Caesar Salad Educational Cookie Holiday Meal Grandparents day	4 Pepperoni Pizza (NF, WG, P) Or Mozzarella Sticks w/ Marinara Sauce (NF, WG) Corn	5 Popcorn Chicken (NF, DF, WG) Seasoned Fries (NF, DF) BBQ Sauce
9 Cheeseburger (NF, DF, WG) Green Beans	10 Grilled Chicken Sandwich (NF, DF, WG) Seasonal Vegetables	11 Pepperoni Pizza (NF, WG, P) Or Cheesy Garlic French Bread Pizza (NF, WG) Caesar Salad	12 Chicken Meatballs & Gravy (NF, DF) Mashed Potatoes (NF, GF, DF) Garlic Breadstick (GF, WG)
16 Soft Chicken Tacos (NF, DF, WG) Salsa Cilantro Lime Rice	17 Ground Beef Penne Pasta w/ Spaghetti Sauce (NF, DF, WG) Garlic Breadstick (NF, WG)	18 Pepperoni Pizza (NF, WG, P) Or Mozzarella Sticks w/ Marinara Sauce (NF, WG) Caesar Salad	19 Cheese Ravioli (NF, WG) Garlic Breadstick (NF)
23 Cheeseburger (NF, DF, WG) Green Beans	24 Chicken Alfredo (NF, WG) Roasted Broccoli	25 Pepperoni Pizza (NF, WG, P) Or Cheesy Garlic French Bread Pizza (NF, WG) Caesar Salad	26 Orange Chicken (NF, DF, WG) Asian Rice (NF, GF, DF, WG)
30	1	2	3

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WG= Whole Grain
P= Pork

Daily Condiments

Ranch
Ketchup

Recipe Highlight

Soft Chicken Tacos
Cilantro Lime Rice

IN HARVEST

Grapes

