



MENU



OCTOBER

Our Mission- " With patience and love we feed the leaders of the future."

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
National School Lunch Week October 7TH - 10TH Fall Break October 14TH - 17TH	Breakfast Platter (NF,WG) (Egg, Tater Tots, & Muffin)	Cinnamon & Sugar Donut (NF,WG) Strawberry Yogurt	Apple Nachos Parfait (Apples, Strawberries, Cranberries, & Granola,) (WG)
Breakfast Waffle Sandwich (NF,WG) (Egg & Cheese)	Breakfast Platter (NF,WG) (Egg, Sausage Links, & Biscuit)	Pancakes (NF,WG) Sausage Links (NF, GF)	Lucky Rainbow Parfait (Peaches, Apples, Blueberries, & Lucky Charms)
			
French Toast (NF,WG) Syrup	Breakfast Platter (NF,WG) (Egg, Sausage Links, & Biscuit)	Pumpkin Bar (NF, DF, SC,WG) String Cheese (NF, GF)	Tropical Parfait (Strawberry, Pineapple, Blueberries, Mandarin Orange & Granola) (WG)
Chicken & Waffle (NF, DF,WG) Syrup	Breakfast Platter (NF,WG) (Egg, Tater Tots, & Muffin)	Cinnamon & Sugar Donut (NF,WG) Strawberry Yogurt	Apple Nachos Parfait (Apples, Strawberries, Cranberries, & Granola) (WG)

Daily Offerings

White Milk
 Chocolate Milk (Lunch
 Only)
 100% Fruit Juice
 Full Service Salad Bar

Breakfast Choice

Cereal Variety

Lunch Choice

Daily- PB&J Sandwich
 (Strawberry or Grape)
 Daily-Turkey Deli Sandwich
 Daily-Garden Salad w/ Turkey &
 Cheese (Middle Schools Only)

Student Second Meal

Breakfast \$1.00
 Lunch \$2.60

Adult Meal

Breakfast \$2.50
 Lunch \$4.00

To view our monthly menus:
school.mealviewer.com
Menu items are subject to change.

To make payments:
www.schoolbucks.com

Questions or comments, please call
 Nutrition Services Office at
 520-876-3411

This Institution is an equal
 opportunity provider

DF= Dairy Free
 SC= Scratch Cooked
 NF= Nut Free
 GF= Gluten Free
 WG= Whole Grain
 P= Pork
 HM= House Made

IN HARVEST
 Blueberries

Recipe Highlight
 Pumpkin Bar (SC)





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National School Lunch Week October 7TH - 10TH Fall Break October 14TH - 17TH	Hot Dog (NF, GF, DF, WG) Seasoned Fries (NF, DF) Mustard	BBQ Chicken Baked Potato (NF, GF, DF) Garlic breadstick (NF)	Pepperoni Pizza (NF, WG, P) Or Mozzarella Sticks w/ Marinara Sauce (NF, WG) Caesar Salad (HM)
Breaded Chicken Sandwich (Spicy or Original) (NF, DF, WG) Onion Rings Mayonnaise & Mustard	Tamale Corn (NF, GF, DF, WG) Salsa	Ground Beef Penne Pasta w/ Spaghetti Sauce (NF, DF, WG) Garlic Breadstick (NF, WG) Educational Cookie	Pepperoni Pizza (NF, WG) Or Cheesy Garlic French Bread Pizza (NF, WG) Caesar Salad (HM) Sidekick
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Mesquite Chicken Drumstick (NF, GF, & DF) Mashed Potatoes (NF, GF) Biscuit (WG)	Hot Dog (NF, GF, DF, WG) Seasoned Fries (NF, DF) Mustard	Cheese Ravioli (NF, WG) Garlic Breadstick (NF)	Pepperoni Pizza (NF, WG, P) Or Mozzarella Sticks w/ Marinara Sauce (NF, WG) Caesar Salad (HM)
Orange Chicken (NF, DF, WG) Brown Rice (NF, GF, DF, WG)	Cheeseburger (NF, DF, WG) Green Beans Lettuce & Tomato Mayonnaise & Mustard	Grilled Chicken Sandwich (NF, DF, WG) Corn Lettuce & Tomato Mayonnaise & Mustard	Pepperoni Pizza (NF, WG) Or Cheesy Garlic French Bread Pizza (NF, WG) Caesar Salad (HM) Cookie

Daily Offerings

White Milk
Chocolate Milk (Lunch Only)
100% Fruit Juice
Full Service Salad Bar

Breakfast Choice

Cereal Variety

Lunch Choice

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WG= Whole Grain
P= Pork
HM= House Made

Daily Condiments

Ranch
Ketchup

Recipe Highlight

Mesquite Chicken
Mashed Potatoes
Biscuit

IN HARVEST
Pears, Pumpkin, & Squash

