



MENU

JANUARY

Our Mission- "With patience and love we feed the leaders of the future."

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Winter Break

Chicken & Waffle (NF, DF, WG) Syrup

6

Breakfast Platter (NF, WG)
(Egg, Tater Tots, & Muffin)
or
Build Your Own Yogurt Parfait
(Yogurt, Granola, & Fruit)

7

Cinnamon & Sugar Donut
(NF, WG)
Hot Chocolate
Whipped Topping

8

Breakfast Burrito (NF, WG)
(Tortilla, Egg, Tater Tots, & Cheese)

9

Breakfast Waffle Sandwich
(NF, WG) (Egg & Cheese)

13

Breakfast Platter (NF, WG)
(Egg, Sausage Links, & Biscuit)
or
Build Your Own Yogurt Parfait
(Yogurt, Granola, & Fruit)

14

Pancakes (NF, WG)
Sausage Links (NF, GF)

15

Breakfast Bowl (NF, WG)
(Egg, Sausage Link, Tater Tots, Cheese, & Biscuit)

16

Martin Luther King Day

20

Breakfast Platter (NF, WG)
(Egg, Sausage Links, & Biscuit)
or
Build Your Own Yogurt Parfait
(Yogurt, Granola, & Fruit)

21

Pumpkin Bar (NF, DF, SM, WG)
String Cheese (NF, GF)

22

Chicken Breakfast Burrito (NF, WG)
(Tortilla, Egg, Chicken, Cheese, & Tater Tots)

23

Chicken & Waffle (NF, DF, WG) Syrup

27

Breakfast Platter (NF, WG)
(Egg, Tater Tots, & Muffin)
or
Build Your Own Yogurt Parfait
(Yogurt, Granola, & Fruit)

28

Cinnamon & Sugar Donut
(NF, WG)
Hot Chocolate
Whipped Topping

29

Breakfast Burrito (NF, WG)
(Tortilla, Egg, Tater Tots, & Cheese)

30

Daily Offerings

White Milk
Chocolate Milk (Lunch Only)
100% Fruit Juice
Full Service Salad Bar

Breakfast Choice

Cereal Variety

Lunch Choice

Daily- PB&J Sandwich
(Strawberry or Grape)
Daily-Turkey Deli Sandwich
Daily-Garden Salad w/ Turkey & Cheese (Middle Schools Only)

Student Second Meal

Breakfast \$1.00
Lunch \$2.60

Adult Meal

Breakfast \$2.50
Lunch \$4.00

To view our monthly menus:
school.mealviewer.com
Menu items are subject to change.

To make payments:
www.schoolbucks.com

Questions or comments, please call
Nutrition Services Office at
520-876-3411

This Institution is an equal
opportunity provider

DF= Dairy Free
SM= Scratch Made
NF= Nut Free
GF= Gluten Free
WG= Whole Grain
P= Pork

In Harvest
Grapefruit

Recipe Highlight
Chicken Breakfast Burrito





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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Winter Break

Orange Chicken (NF, DF, WG)
Brown Rice (NF, GF, DF, WG)

6

Hot Dog (NF, GF, DF, WG)
Seasoned Fries (NF, DF)
Mustard

7

BBQ Chicken Baked Potato
(NF, GF, DF)
Garlic Breadstick (NF, WG)
Roasted Okra

8

Pepperoni Pizza (NF, WG, P)
Or
Cheesy Garlic French Bread Pizza
(NF, WG)
Caesar Salad (SM, NF, WG)

9

Breaded Chicken Sandwich
(Spicy or Original) (NF, DF, WG)
Roasted Cauliflower (GF, SM)
Lettuce & Tomato
Mayonnaise & Mustard

13

Ground Beef & Rice Taco Bowl
(Rice, Cheese, & Beef)
(NF, GF, DF, WG)
Salsa (SM)

14

Ground Beef Penne Pasta w/
Spaghetti Sauce (NF,
DF, WG)
Garlic Breadstick (NF, WG)

15

Pepperoni Pizza (NF, WG, P)
Or
Cheesy Garlic French Bread Pizza
(NF, WG)
Caesar Salad (SM, NF, WG)

16

Martin Luther King Day

20

Hot Dog (NF, GF, DF, WG)
Seasoned Fries (NF, DF)
Mustard

21

Cheese Ravioli (NF, WG)
Garlic Breadstick (NF)

22

Pepperoni Pizza (NF, WG, P)
Or
Cheesy Garlic French Bread Pizza
(NF, WG)
Caesar Salad (SM, NF, WG)

23

Popcorn Chicken (NF, DF, WG)
Seasoned Fries (NF, DF)
Educational Cookie
BBQ Sauce

27

Cheeseburger (NF, DF, WG)
Green Beans (NF, GF, DF)
Lettuce & Tomato
Mayonnaise & Mustard

28

Grilled Chicken Sandwich (NF, DF,
WG)
Lettuce & Tomato
Roasted Zucchini
Mayonnaise & Mustard

29

Pepperoni Pizza (NF, WG, P)
Or
Cheesy Garlic French Bread Pizza
(NF, WG)
Caesar Salad (SM, NF, WG)

30

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White Milk
Chocolate Milk (Lunch Only)
100% Fruit Juice
Full Service Salad Bar

Breakfast Choice

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Daily Condiments

Ranch
Ketchup

Recipe Highlight

BBQ Chicken Baked Potato
Garlic Breadstick

In Harvest
Root Vegetable

